## Kidz Club La Madrona

## **Wellness Policy**

Please read both sides of this document.

We ask that each parent observe and assess their child thoroughly each time before entering Kidz Club La Madrona.

Kidz Club La Madrona is a place of indoor and outdoor activity and an unwell child will feel more comfortable at home while keeping our community healthful.

Please notify us if your child will be absent due to an illness and if they have been exposed to any contagious disease.

If a child becomes ill or shows any symptoms while at Kidz Club La Madrona, we will contact the parent for immediate pick up.

Upon arrival we will do a brief health check for each child.

## We cannot accept children with the following conditions:

**Fever:** Has or has had a fever of 99F or above within the last 24 hours.

Your child may attend after they have a normal temperature for 24 hours without medication.

**Colds:** Has a runny nose, glassy or watering eyes, sneezing and listlessness and these symptoms

are less than 3 days old. Has thick yellow or green mucus discharge from their nose.

Your child may attend when the cold is more than 3 days old, is no longer sneezing and there is no sign of a bacterial infection.

**Cough:** Has a wet, wheezy cough. Cough due to allergies is exempt.

Your child may attend when the cough is not contagious.

**Eye Infections:** Has green or white discharge, accompanied by redness and itching from both or one eye.

Your child may attend when all symptoms have disappeared, usually 24 hours after taking the medication.

**Sore Throat:** Has evidence or complaints of sore throat or discomfort swallowing. If sore throat is accompanied by fever or strep throat is confirmed by a Doctor.

Your child may attend when all symptoms have disappeared.

**Diarrhea:** Has recurring loose stools, especially when accompanied by other symptoms (not related to food allergies).

Your child may attend after there is a recovery of normal bowel movements for 24 hours.

**Vomiting**: Has recurring upset stomach or vomiting, especially when accompanied by other symptoms.

Your child may attend after there has been a lapse of 24 hours from the last vomiting episode.

**Skin:** Has an unidentified rash or impetigo, draining poison oak, cold sore, canker sore or fever blisters. Heat and allergy rashes are exempt.

Your child may attend when there is an absence of all contagious symptoms.

Lice: Has intense scratching of scalp, mites, nits, or eggs in hair.

Your child may attend after treatment with pyronate shampoo or equivalent has been completed and all nits (eggs) have been removed.

**Scabies:** Has raised red spots or lines on skin caused by a microscopic mite. Intense itching may be observed.

Your child may attend after treatment with scabicide and when there is an absence of all contagious symptoms.

Thank you for adhering to the wellness policy by keeping an unhealthy child at home.

